

Facial treatments

Reviderm

Classic 60min./ 100€
This facial treatment is ideal to activate the tired and aged skin. As a result the skin gets soft and rosy.

Super peel 60min./ 130€
Medium treatment of microdermabrasion. Removes dead cells and stimulates the regeneration of new ones.

Anti-aging 95min./ 175€
With microdermabrasion and collagen. Delays the aging process of the skin.

Cellular regeneration I 90min./ 160€
With microdermabrasion and ultrasound. Stimulates, removes the dead cells and regenerates the demanded skin. Active agents are better absorbed, resulting in rosy, soft and radiant skin.

Cellular regeneration II 120min./ 190€
This treatment with microdermabrasion, ultrasound and collagen is intended to stimulate and regenerate the demanding skin. Not only softens expression lines but also gives the skin a silky, rosy and radiant look

Relax and lift 120min./ 200€
With microdermabrasion, ultrasound, collagen and special products. Stimulates and regenerates the demanding skin. This anti-aging treatment has a similar effect to *Botox*.

Eye treatment 30min./ 65€
With microdermabrasion and collagen. The aim of this treatment is to treat the sensitive eye area and in need of regeneration. Active agents soften and protect the metabolism of the skin

Payot

Purifying ritual 60min./ 80€
Facial treatment for the combination, oily or with imperfections skin. Detoxifies and eliminates excess of sebum.

Energizing ritual 60min./ 80€
For the tired skin, with lack of energy and vitality. Stimulates the dermal tissues and gives luminosity to the face.

Expression lines correction ritual 75min./ 90€
Designed for women from the age of 30, time when first signs of ageing start to appear. For all skin types. Works on wrinkles and improves cutaneous firmness.

Ritual lift 75min./ 90€
For the aged skin with lack of firmness. Acts on the wrinkles and treats loss of tone. Conceived for women from age of 45. Treats wrinkles, flaccidity, loss of comfort and provides luminosity to the skin .

Anti-aging ritual 75min./ 100€
This treatment is indicated for all women, regardless their skin type.

Premium ritual 60min./ 80€
Specially adapted to the needs and characteristics of the men's skin. Cleanses thoroughly, detoxifies and purifies the epidermis and regenerates the tissues.

Massages

Individual massages

Swedish 30min./ 45€

60min./ 75€

45min./ 70€

75min./ 110€

75min./ 110€

60min./ 85€

75min./ 110€

60min./ 130€

30min./ 60€

75min./ 90€

75min./ 85€

60min./ 80€

30min./ 45€

45min./ 55€

45min./ 70€

30min./ 55€

45min./ 80€

75min./ 115€

45min./ 59€

60min./ 79€

30min./ 49€

60min./ 79€

Couple massages (includes 2 glasses of sparkling wine)

Swedish 75min./ 190€

Touch of nature (with hot stone) 75min./ 190€

Symphony (anti-stress) 75min./ 190€

Scent & sense (aromatherapy) 75min./ 190€

Body treatments

Wraps in the *Soft Pack*

Evening primrose 45min./ 52€

Goat butter 45min./ 52€

Rose petals 45min./ 52€

Cleopatra 45min./ 52€

Aloe vera 45min./ 56€

Algae 50min./ 56€

Mud 50min./ 52€

Wine pomace 50min./ 49€

Balneotherapy

Aloe Vera 30min./ 41€

Eucalyptus 30min./ 41€

Herbs 30min./ 39€

Beer pomace 30min./ 39€

Salt & oil 30min./ 39€

Bolus alba with *after eight* 30min./ 45€

Cleopatra 30min./ 45€

Peelings on the *Hamam Table*

Salt & oil 20min./ 39€

Sisal 20min./ 39€

Bolus alba with goat milk 30min./ 41€

Natural bolus alba with flowers 30min./ 41€

Enzymatic with papaya and pineapple 30min./ 41€

Mud bath in *Rasul*

1 person 40min./ 54€

2 people 50min./ 89€

(Includes a 10 minutes massage with special oils)

Anti-cellulite package

Algae wrap in the *Soft Pack* and anti-cellulite massage 90min./ 110€

Peeling, mask and anti-cellulite massage 105min./ 150€

Cosmetic treatments

Manicure

Normal 30min./ 25€

Normal with paraffin treatment 50min./ 35€

Deluxe (peeling, mask, massage and nail polish) 90min./ 45€

Nail polish 15min./ 6€

Hand massage 10min./ 10€

Package with 3 paraffin treatments 29€

Pedicure

Normal 60min./ 30€

Normal with paraffin treatment 80min./ 40€

Deluxe (peeling, mask, massage and nail polish) 90min./ 50€

Nail polish 15min./ 6€

Foot massage 10min./ 10€

Package with 3 paraffin treatments 34€

Tint

Eyelash 25min./ 15€

Eyebrow 25min./ 15€

Hot wax epilation

Face
Underarms
Bikini

Cold wax epilation

Arms
Back
Half legs (until the knee)
Full legs

Shape

Eyebrow

Sport area

Check-up
Trainings plan
Personal training



Day SPA passes

Full day: **19.00€**
From 17:00 o'clock: **10.00€**
10 day card: **115.00€**

Access to the indoor swimming pool, jacuzzi, finnish sauna, turkish steam bath, ice cave, sensation shower, refreshing pool, relaxing room and fitness area. A robe, a towel, slippers and a key for a locker are included to use during the day. Tea, mineral water and fruit are free of charge. The treatments are not included.

Remarks:

Free use of the facilities on the day of the treatment if its total amount is **equal to or higher than 25€** (per person and already with discounts applied).



15min./ 10€
20min./ 15€
30min./ 18€

30min./ 18€
40min./ 30€
30min./ 25€
40min./ 30€

15min./ 12€

30min./ 25€
60min./ 50€
60min./ 60€
90min./ 90€

Spa rules

Reserving your treatment

Treatments reservation is subject to the availability of the therapists. To ensure you get your favourite time we recommend you book your treatment at least 24 hours before.

Arriving at the Spa and preparing to the treatment

In order you have enough time to get prepared for the treatment we suggest you to arrive at the spa least 30 minutes before. We inform that treatments start on time. This means if you are late the duration of your treatment will be shortened so that the next client doesn't have to wait.

Duration of treatments

The duration of the treatments were calculated approximately. For this reason we ask you to keep this in mind when/if you need to change clothes or have a shower before or after your treatment.

Cancelling your treatment

You can cancel your treatment, without additional costs, 24 hours before. May you don't do it we will charge 50% of its total amount.

Payment

Payment should be done before your treatment starts. You can pay with money, card, cheque or, if you are staying at our hotel, we can charge to your room.

Health

Before your treatment initiates we will ask you to fill in a health questionnaire. There you can inform us about possible restrictions, diseases, pregnancy, etc.

Age restriction

We ask your understanding that children under 16 years old cannot do treatments or use the Spa facilities.

Area and clothing

You should use the spa facilities wearing the rope and slippers we provided you at the arrival. Please have always a shower before you use the indoor swimming pool, finnish sauna, turkish steam bath, jacuzzi and refreshing pool. For hygienic reasons it is not allowed to use bathing suits or shorts in the finnish sauna and turkish steam bath. Please use a towel in the finnish sauna to isolate your body from the wooden benches. The turkish steam bath should be used naked. It is obligatory to use sport clothes and trainers in the fitness room. It is not permitted to do nudism in any part of the spa.

Valuable objects

Please leave you valuable objects in your hotel room or inside your locker. We decline any responsibility for the loss or steal of any of your belongings.

Silence, please

Please leave your mobile phone in your hotel room or in silent mode inside your locker. Try to speak softly in all areas of the Spa. The magic of a relaxing day lies on a calm and silencing environment.

Pricelist

All treatments, packages and prices are subject to changes without any prior notice. With the publication of this pricelist all previous ones cease to be valid. VAT has been added to all prices.

RELAXING
CAN BE...
JUST
SPLENDID.

QUINTA SPLENDIDA
spa

Opening hours

Monday until Sunday: **10:30 – 19:30**

Please consult our information board for possible changes.

Reservations

Tel.: + 351 291 930 442 (ext. 4120)

Email: spa@quintasplendida.com